

GIRLS FROM GOING OUT  
REQUSTLY - UNLIKE THE

Important

What will you do if your parents find you can control without having sex

How do parents react to boy/girl

# ADOLESCENTS' SEXUALITY CONCERNS

parents favorably of...  
could just...  
friend...  
without...  
sexual

(16) - (17) yrs  
keeping...  
children  
is not right.

Why did some parents don't use to encourage their daughters, so that they will know about Teenage Pregnancy?

## QUESTIONS ADOLESCENT GIRLS ASK ABOUT THEIR SEXUALITY AND THEIR ANSWERS

has a...  
a...  
needs...  
do...  
Steps

insult...  
that when their adolescent girl go out for any occa-  
sion, that...  
why some parents behaves in such a way...  
By

When ever we feel talking to our parents...  
could decide?

## GIRLS' POWER INITIATIVE GPI NIGERIA

ESB/769

Nigeria  
March 1998

Edited and Introduced by  
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15 yrs

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S.T.D  
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for  
yet

## **INTRODUCTION**

**Girls' Power Initiative (GPI), Nigeria, is a non-governmental, non-profit, non partisan organization. GPI trains young girls about their sexuality, their sexual and reproductive health and rights, their general rights as human rights and their responsibilities for healthy living. Beyond that, GPI helps girls to acquire leadership skills and empowerment necessary to take affirmative actions to protect those rights.**

**In the Nigerian society issues of sexuality have often been treated as a no-go area such that girls grow up ignorant about their anatomy and physiology, even when they study biology in schools. This ignorance has had very high costs in terms of girls' and women's mortality. Girls, are also raised to be shy, silent, humble, to be seen not heard etc. These "virtues" prevent girls from asking questions about their sexuality, for fear of being tagged "bad girls".**

**In the process of executing the programmes of GPI, adolescent girls are encouraged to write out questions that bother them but which they have not been able to ask anyone. Routinely, this process is conducted using question boxes in GPI public events like seminars, workshops, school outreach programmes, etc. In some cases, the girls indicated their ages.**

**In this publication 'Adolescent Sexuality concerns', we present questions asked by adolescent girls about their sexuality under the subject areas of:**

-  
- **Relationships**

- **Menstruation,**

- **Sexually Transmitted Diseases (STDs)**  
- **including Human Immuno-deficiency Virus**  
- **(HIV) Acquired Immune Deficiency Syndrome**  
- **(AIDS)**

- **Parental attitudes**

- **Contraceptives, Pregnancy and Abortion**

- **Growing up**

- **Sexuality**

- **Anatomy and Physiology**

- **General questions about GPI and other issues.**

Our definition of sexuality as used in this context includes gender - being and acting female and being and acting male. It includes birth-to-death process of how a person thinks, feels and acts; how she or he sees the world and how the society sees women and men. Sexuality also includes the physical aspects such as human anatomy and physiology, body growth, pubertal changes, menstruation, ovulation, ejaculation, sexual activities (intercourse and outercourse) as well as all forms of sexual behaviour. Questions in this publication cover this wide range of the subjects. Answers are provided by GPI functionaries.

**Calabar, NIGERIA**  
**February 1998**

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*Chairperson,*  
*GPI Executive Board*